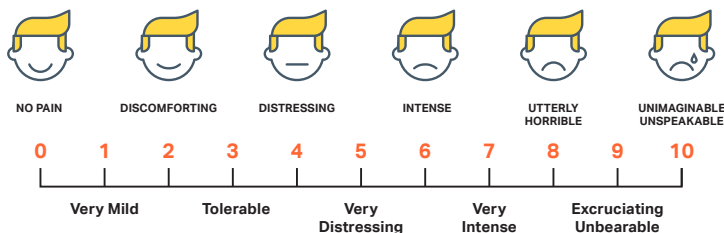




MEDICATION GUIDE



PAIN MEDICATIONS

Narcotic Medication

_____ mg

USE: Only as needed when pain is level 5 and climbing higher

Dosing: _____

Last Dose: _____

Gabapentin _____ mg

USE: Addresses nerve pain

Dosing: _____

Last Dose: _____

Valium (Diazepam) _____ mg

USE: For muscle spasms commonly at neck, shoulders, back and along the rib cages; anxiety and pressure feeling

Dosing: _____

Last Dose: _____

Ibuprofen _____ mg **Do not take with an empty stomach*

USE: Alternated with Tylenol every 3 hours

Dosing: _____

Last Dose: _____

Tylenol _____ mg **Max Dosing: 4000 mg/day*

USE: Alternated with Ibuprofen every 3 hours

Dosing: _____

Last Dose: _____

BOWEL REGIMEN

Miralax

Mix **1 PACKET** into 8-10 ounces of fluid and drink mixture by mouth ____/day to promote bowel movements

Dosing: _____

Last Dose: _____

Senna-S

Take **2 TABLETS** by mouth every evening to promote bowel movements

Dosing: _____

Last Dose: _____

NAUSEA MEDICATIONS

Zofran

Take **1 TABLET** by mouth every 6-8 hours as needed for nausea and vomiting

Dosing: _____

Last Dose: _____

Scopolamine patch

Place **1 NEW PATCH** behind opposite ear and switch out patch every 3 days

Dosing: _____

Last Dose: _____



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— for Pectus —
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FOR ANY QUESTIONS/CONCERNS
REGARDING MEDICATIONS**